



Shahaan Merchant

Homemade Organic Cosmetics & Beauty *Recipes*

Face Mask Blush/Bronzer Eye Shadow
Mascara Eyeliner Lipstick Hair Gel

Shahaan Merchant

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Organic Solid Soap Bars

Ingredients:

- 500g organic shea butter
- 500g organic coconut oil
- 250g organic olive oil
- 250g organic castor oil
- 150g lye (sodium hydroxide)
- 350ml distilled water
- Essential oils (optional) for fragrance: lavender, peppermint, etc. (10-20g)

Tools Required:

- Safety goggles and gloves
- Stainless steel or heat-resistant plastic containers for mixing
- Digital kitchen scale
- Stick blender
- Thermometer
- Soap molds (silicone molds work well)
- Plastic wrap or parchment paper

Method:

Safety First: Wearing your safety goggles and gloves. Work in a well-ventilated place. Don't inhale the fumes of lye.

Prepare Lye Solution: Dispense the lye one level at a time into the distilled water (never do the opposite), stirring gently. Let it cool to around 110 °F (43 °C).

Melt Oils: Melt the shea butter, coconut oil, olive oil and castor oil together in a stainless steel pot over low heat until all are liquefied. Take off the heat and let it cool to 110°F (43°C).

Mix Oils and Lye: Pour the lye solution slowly and continuously stirring with the stick blender until it thickens to a trace.

Add Essential Oils (Optional): Add some essential oils for fragrance if desired. Stir into the soap mixture.

Pour into Molds: Pour the soap mixture into the molds. Tap the molds lightly on the counter to get rid of any air bubbles.

Set and Cure: Cover with plastic wrap or parchment paper. Set the soap for 24-48 hours. Soap is then removed from the molds and cured for 4-6 weeks in a well-ventilated area, turning occasionally to ensure even drying.

Usage:

ONCE CURED, THESE ORGANIC solid soap bars make ideal hand or body soap.

Additional Tips:

VARIED SCENTS TRY EXPERIMENTING with different essential oil blends.

Add organic exfoliants such as oatmeal or dried herbs for a little texture.

Caution:

- Always handle lye with extreme care. It's caustic and can cause burns. Keep it away from children and pets.

THIS RECIPE PROVIDES a basic guideline for creating organic solid soap bars at home. Adjustments can be made based on personal preferences and desired outcomes. Always conduct a small patch test before using any homemade product to ensure there are no adverse reactions.

Organic Shampoo

Ingredients:

- 1 cup organic liquid castile soap
- 1/4 cup organic coconut milk
- 1 tablespoon organic honey
- 1 tablespoon organic coconut oil
- 10-15 drops of organic essential oils (lavender, rosemary, tea tree, etc.)

Tools Required:

- Mixing bowl
- Whisk or spoon
- Funnel
- Sealable container (reuse an old shampoo bottle or any squeeze bottle)

Method:

Combine Ingredients: Mix together the liquid castile soap, coconut milk, honey, and coconut oil in a bowl. Stir well with a whisk or spoon.

Add Essential Oils: Add 10-15 drops of any organic essential oils of your choice and mix well. Besides fragrance, essential oils can have added beneficial effects on the hair and the scalp.

Transfer to Container: Pour the shampoo mixture into a sealable container with a funnel. For this, you can use an old shampoo bottle.

Shake Before Use: Shake the container slightly before each use to make sure all the ingredients are mixed.

Usage:

APPLY THIS ORGANIC shampoo as you would any regular shampoo. Apply a little to wet hair and lather. Rinse well with water.

Additional Tips:

COMBINE DIFFERENT ESSENTIAL oils for different fragrances, and possible benefits for hair health.

If you have particular hair problems (dry scalp, oily hair, etc.), consult the literature and select suitable essential oils.

Caution:

- Always test on a small area first to make sure the product is compatible with your hair and scalp before using it more widely.
- Avoid contact with eyes. If shampoo comes into contact with the eyes, rinse thoroughly with water.

THIS ORGANIC SHAMPOO recipe is mild and gentle, suitable for most types of hair. Change the amount of each ingredient that is to suit personal tastes or particular hair requirements.

Organic Body Lotion

Ingredients:

- 1/2 cup organic shea butter
- 1/4 cup organic coconut oil
- 1/4 cup organic sweet almond oil
- 2 tablespoons organic beeswax pellets
- 10-15 drops of organic essential oils (lavender, chamomile, etc.)

Tools Required:

- Double boiler or heat-resistant bowl over a pot
- Hand mixer or immersion blender
- Sealable jars or containers

Method:

Melt Ingredients: Get your makeshift double boiler going with a pot of simmering water and a heat-proof bowl on top. Put in the shea butter, coconut oil, sweet almond oil, and beeswax. Stir it until everything's all melted and cozy together.

Cool Slightly: Remove the mixture from heat and allow it to cool slightly. This helps prevent separation when whipping.

Add Essential Oils: Once cooled a bit, add 10-15 drops of your chosen organic essential oils for fragrance and additional benefits.

Whip the Mixture: Use a hand mixer or immersion blender to whip the mixture until it becomes fluffy and resembles a creamy lotion-like consistency. This step can take a few minutes.

Transfer to Containers: Spoon the whipped body lotion into clean, sealable jars or containers.

Usage:

APPLY THIS AMAZING organic body lotion to your skin after a bath or whenever your skin's feeling thirsty. Just a little bit goes a long way, so start small and rub it in until it's all soaked up.

Additional Tips:

PLAY AROUND WITH THE number of drops of essential oils you add based on how strong you want that scent to be.

Keep this beauty in a cool, dry place to maintain its consistency and freshness.

Caution:

REMEMBER, LIKE WITH any new skincare treat, do a patch test first to make sure your skin loves it as much as you do. And keep any water away from those containers to help this lotion last longer.

Organic Lip Balm

Ingredients:

- 2 tablespoons organic beeswax pellets
- 2 tablespoons organic coconut oil
- 2 tablespoons organic shea butter
- 10-15 drops of organic essential oils (peppermint, vanilla, etc.)

Tools Required:

- Double boiler or heat-resistant bowl over a pot
- Small heat proof containers or lip balm tubes
- Stirring utensil (spoon or spatula)

Method:

Melt Ingredients: Melt together the beeswax, coconut oil and shea butter slowly in a double boiler or in a heat-resistant bowl set over a pot of simmering water. Stir occasionally until completely melted and well incorporated.

Add Essential Oils: After melting, remove from heat and allow the mixture to cool slightly. Add 10-15 drops of your preferred organic essential oils for fragrance.

Pour into Containers: Pour carefully into small heat proof containers or lip balm tubes. Work rapidly, because it will harden as it cools.

Cool and Set: Allow the lip balm to cool and harden at room temperature. This generally takes about 20 to 30 minutes.

Usage:

WHENEVER YOUR LIPS feel dry or chapped, apply the organic lip balm. Glide it over your lips for moisturization and protection.

Additional Tips:

MIX AND MATCH YOUR favorite-scented essential oils.

For tinted lip balm, add a small amount of natural, organic mica powder or beetroot powder to create the color.

Caution:

- Take care when working with hot liquids. Use caution to avoid burns.
- Do a patch test before applying the lip balm, especially if you have sensitive skin or if you are allergic.

THIS ORGANIC LIP BALM recipe offers natural moisture and protection for your lips, and contains no harsh chemicals. Use a variety of essential oils to customize it, or add a bit of natural color for a personal touch.

Organic Face Mask

Ingredients:

- 2 tablespoons organic bentonite clay
- 2 tablespoons organic raw honey
- 1 tablespoon organic apple cider vinegar (or organic rose water for sensitive skin)
- 2-3 drops organic essential oils (optional, for added benefits or fragrance)

Tools Required:

- Non-metal bowl and spoon (metal can react with the clay)
- Measuring spoons
- Mixing tool (spatula or brush)
- Clean towel or headband

Method:

Combine Ingredients: Mix together the bentonite clay and raw honey in a non-metal bowl. Stir thoroughly to make a smooth paste.

Add Liquid: Add the apple cider vinegar or rose water slowly to the mixture. Stir constantly until it becomes smooth and spreadable. Add as much liquid as desired.

Optional: Two or three drops of organic essential oils can be added to the mask mixture for extra benefits or fragrance if desired. Most people use lavender, tea tree or rosehip oils.

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REMOVER MASCARA AND MORE ALL AT HOME, GO 15**

Application: After cleansing your face, apply the mask. Place a face mask of even thickness over your face using a clean brush or your fingers, and avoid the eye area.

Relax and Rinse: Let the mask dry for about 10-15 minutes. When the mask is drying, you will probably feel a tightening sensation. Relax during this time. After drying, remove the mask with warm water and pat your face dry with a clean towel.

Usage:

AS PART OF YOUR SKINCARE, apply this organic face mask once or twice a week to help clarify and reinvigorate your skin.

Additional Tips:

DO A PATCH TEST ON your skin before wearing the face mask; particularly if your skin is sensitive.

Bentonite clay is also very detoxifying. If you have a slight redness or tingle, it is usually normal. As the mask is working to drive out impurities, this is only natural. But if you find yourself too uncomfortable, take it off immediately.

After using the mask, moisturize the skin to restore moisture.

Caution:

- Don't use metal utensils or containers when cooking with bentonite clay. It reacts with metal.
- Before putting any new skin care product on your entire face, always do a patch test of a small part of your skin.

THIS ORGANIC FACE MASK offers a natural way to cleanse and revitalize your skin. Adjust the ingredients based on your skin's sensitivity and needs for a personalized skincare treatment.

Organic Bath Bombs

Ingredients:

- 1 cup organic baking soda
- 1/2 cup organic citric acid
- 1/2 cup organic cornstarch
- 1/2 cup organic Epsom salt
- 2 tablespoons organic coconut oil
- 2-3 teaspoons of organic essential oils (lavender, eucalyptus, etc.)
- Organic witch hazel or water (in a spray bottle)

Tools Required:

- Mixing bowls
- Whisk or spoon
- Bath bomb molds (metal or silicone)
- Gloves (optional, but helpful when mixing ingredients)
- Spray bottle

Method:

Combine Dry Ingredients: Mix the baking soda, citric acid, cornstarch and Epsom salt in a mixing bowl. Whisk or stir together until well blended.

Add Wet Ingredients: Melt the coconut oil and mix in the dry ingredients. Add the essential oils to the mix. Thoroughly mix until the oils are well combined.

Spritz with Witch Hazel or Water: Starting with a small amount, gradually spritz the mixture with witch hazel or water, stirring constantly. Mixture moist enough to hold together when squeezed but not

wet. Take care not to add too much liquid; a spray bottle is handy for metering the amount.

Pack into Molds: Within a couple of minutes, press the mixture into bath bomb molds. Press firm and compact to make sure the bath bombs maintain their shape. The shapes must be filled slightly too much and pressed together firmly.

Let Them Set: Allow filled molds to dry and set for at least 24 hours. They are set out at room temperature or put in the refrigerator for quicker drying.

Usage:

PUT ONE BATH BOMB INTO a tub full of warm water. Then just sit back and enjoy the fizzing, aromatic experience as the bath bomb dissolves. Take a soothing bath in the scented waters.

Additional Tips:

MIX AND MATCH DIFFERENT essential oil blends and colors to achieve different scents and appearances.

For a fancy touch, add dried flower petals or herbs to the molds.

Caution:

- Keeps the bath bomb mixture well combined and tightly packed into the molds to prevent crumbling.
- Take care with essential oils, particularly those with allergies or hypersensitive skin. If in doubt, do a patch test.

Organic Body Scrub

Ingredients:

- 1 cup organic granulated sugar (white or brown)
- 1/2 cup organic coconut oil (or organic olive oil)
- 10-15 drops of organic essential oils (lavender, citrus, etc.)
- Optional: Organic dried herbs (lavender buds, rose petals) or organic ground coffee for added exfoliation

Tools Required:

- Mixing bowl
- Spoon or spatula for mixing
- Sealable jar or container for storage

Method:

Combine Ingredients: In a bowl, add the organic granulated sugar and the organic coconut oil (or olive oil). Beat until the sugar is evenly coated and the mixture has a scrub-like consistency.

Add Essential Oils: Add 10-15 drops of your selected organic essential oils to the sugar and oil. Thoroughly stir to spread the fragrance.

Optional Additions: Add some organic dried herbs or ground coffee, if desired, to give the scrub greater exfoliating power and to add a touch of scent. Stir well to distribute evenly.

Transfer to Container: Spoon the organic body scrub into a clean, sealable jar or container. Make sure it's air-tight to keep it fresh.

Usage:

IN THE SHOWER OR BATH, take a small amount of organic body scrub, and gently massage it onto moist skin using circular motions. Concentrate on problem areas: elbows, knees, and feet. Rinse thoroughly with warm water.

Additional Tips:

ADD DIFFERENT ESSENTIAL oils to customize the scrub's scent, and perhaps even some of its benefits for the skin.

Use smaller or larger sugar granules as desired to vary the coarseness of the scrub.

Caution:

- Don't use the body scrub on cuts or irritated skin.
- Essential oils can be strong; do a patch test to make sure you don't have any adverse reaction.

THIS ORGANIC BODY SCRUB exfoliates and sloughs off dead skin cells making your skin feeling smooth and reinvigorated. It's an easy and effective way to pamper yourself with nature. Tailor the ingredients to your preferred level of fragrance and exfoliating force.

Organic Facial Scrub

Ingredients:

- 1/2 cup organic oat flour (finely ground oats)
- 2 tablespoons organic honey
- 2 tablespoons organic coconut oil (or organic olive oil)
- 1 teaspoon organic ground almonds or almond meal
- 5-7 drops organic essential oils (optional, like lavender or tea tree)

Tools Required:

- Mixing bowl
- Spoon or spatula for mixing
- Sealable jar or container for storage

Method:

Combine Ingredients: In a mixing bowl, mix the organic oat flour, organic honey, organic coconut oil (or olive oil) and organic ground almonds. Stir well, until all ingredients are well mixed.

Optional Essential Oils: Add 5-7 drops of the organic essential oils you choose to the mixture if you like. Stir well to disperse the fragrance.

Transfer to Container: Spoon the organic facial scrub into a clean, sealable jar or container. Be sure to seal it to keep it fresh.

Usage:

MOISTEN YOUR FACE WITH warm water. Dab a small amount of the organic facial scrub onto your skin and gently massage it using circles. Emphasize areas prone to dryness or drabness, but gentle on ten-

der areas. Thoroughly flush with warm water, pat face dry with a clean towel.

Additional Tips:

ADD MORE OIL TO MAKE the scrub runnier or more oat flour for a thicker one.

For the best effects, apply the scrub 2-3 times a week as part of your skincare routine.

Caution:

- Do not use the facial scrub on broken or irritated skin. This will cause further irritation.
- Oils can be strong, so try a patch test to make sure you aren't allergic.

THIS ORGANIC FACE CLEANSER provides mild exfoliation, which clears away dead skin cells and leaves skin looking brighter and smoother. It's an easy way to pamper your skin at home. Adjust the ingredients to suit the needs and preferences of your skin.

Organic Massage Oil

Ingredients:

- 1/2 cup organic carrier oil (such as organic sweet almond oil, organic jojoba oil, or organic coconut oil)
- 10-15 drops of organic essential oils (lavender, chamomile, ylang-ylang, etc.)

Tools Required:

- Mixing bowl or glass bottle
- Dropper (if needed for precise measurement)
- Spoon or stirring tool

Method:

Choose Carrier Oil: Choose the organic carrier oil you want. Place 1/2 cup of the selected carrier oil in a mixing bowl or directly into a glass bottle if the opening is large enough.

Add Essential Oils: Add 10-15 drops of the organic essential oil of your choice to the carrier oil. Use a single essential oil or a blend of different oils to get the aroma and benefits you want.

Mix Thoroughly: Combine the oils by stirring gently with a spoon or stirring stick.

Transfer to Container: Mix oils together in a large bowl set aside. Pour blended massage oil in a glass bottle or container with a tight sealing lid. This helps preserve the oil.

Usage:

SHAKE THE MASSAGE OIL bottle lightly before use. The essential oils need to be distributed evenly. Take a small amount of organic massage oil, massage the skin using gentle, circular movements. Add amount based on area massaged and individual preference.

Additional Tips:

PLAY AROUND WITH DIFFERENT combinations of essential oils to come up with your favorite scent and to seek benefits in terms of health.

The massage oil should be stored in a cool, dark place, away from direct sunlight, to maintain its quality.

Caution:

- Patch test before applying any new oil to a larger area of skin. Special attention should be paid when using the oil on skin that's sensitive or susceptible to allergies.
- Oils can be strong; avoid using too much and dilute with a carrier oil.

THIS ORGANIC MASSAGE oil provides a natural way to increase relaxation and foster a relaxed mood in massage treatments. Tailor the blend to your own taste and reap the rewards of home-made, organic massage oil.

Organic Beard Oil

Ingredients:

- 1/2 ounce organic jojoba oil
- 1/2 ounce organic argan oil
- 3-5 drops of organic essential oils (cedarwood, sandalwood, tea tree, etc.)

Tools Required:

- Glass dropper bottle
- Mixing bowl (optional)
- Spoon or dropper for pouring

Method:

Prepare Carrier Oils: Pour 1/2 ounce of organic jojoba oil and the same of organic argan oil into a glass dropper bottle. Or, you can mix these carrier oils together in a small mixing bowl, then add them to the dropper bottle.

Add Essential Oils: Add 3-5 drops of organic essential oils of your choice to the dropper bottle containing the carrier oil blend. Besides fragrance, essential oils can also provide different advantages for the beard and skin.

Close and Mix: Close the dropper bottle tightly and shake gently to thoroughly mix the oils.

Usage:

ADD A FEW DROPS OF the organic beard oil (usually 3-6 drops, depending on beard length) into the palm of your hand with the dropper. After rubbing your palms together to spread the oil, massage it into your beard and skin underneath. Comb or brush your beard to spread the oil evenly.

Additional Tips:

ADJUST THE AMOUNT OF essential oils, depending on your preference for fragrance strength.

For best results, beard oil should be applied regularly, especially after a wash or when the beard is clean and slightly moist.

Caution:

- Take care with essential oils, and avoid using them on anyone with sensitive skin or problems with allergies. Patch test first before widespread application.
- Keep the beard oil in a cool, dark place, out of direct sunlight, for longevity.

ORGANIC BEARD OIL IS a conditioning and moistening treatment for facial hair, which in turn nourishes the beard. Add some essential oils tailored to your liking to adjust the scent and the potential benefits for your beard and skin.

Organic Hand Sanitizer

Ingredients:

- Organic aloe vera gel 2/3 cup
- Organic grain alcohol (with at least 60% alcohol content) 1/3 cup
- Organic essential oils (such as tea tree, lavender, or eucalyptus) 10-15 drops

Tools Required:

- Mixing bowl or container
- Spoon or whisk for mixing
- Sealable bottle or dispenser for storage

Method:

Combine the ingredients: Pour the organic aloe vera gel into a bowl or mixing bowl. Soak organic grain alcohol in aloe vera gel. Mix well with a spoon or whisk until well combined.

Add Essential Oils: Simply add 10-15 drops of any essential oil of your choice to the mixture. Essential oils not only provide fragrance, but can provide additional antimicrobial properties. Mix the oil with the sanitizer solution.

Transfer to dispenser: Pour prepared organic alcohol cleanser into a lockable dispensing bottle for easy use and storage.

Usage:

PUT A FEW DROPS OF organic hand sanitizer into your hands. Rub your hands thoroughly, making sure the sanitizer covers all of your hands, fingers and nails. Let the air dry.

Additional tips:

MAKE SURE THE FINAL mixture has the right consistency for easy application. You can adjust the ratio slightly if needed.

Use a small funnel to pour small travel-sized hand wash bottles for on-the-go convenience.

Caution:

- Always use organic grain alcohol or alcohol that contains at least 60% alcohol to ensure the antibacterial properties of the sanitizer.
- Avoid touching your eyes and broken skin. If irritated, stop use and rinse with water.

THIS ORGANIC HAND SANITIZER provides a natural and effective way to wash and dry your hands when soap and water are not readily available. They are easy to make and can be stored for everyday use.

Organic Bath Salts

Ingredients:

- 1 cup organic Epsom salt
- 1/2 cup organic sea salt or pink Himalayan salt
- 1/4 cup baking soda (organic, if available)
- 10-15 drops of organic essential oils (lavender, peppermint, etc.)
- Optional: Organic dried herbs or flowers (lavender buds, rose petals)

Tools Required:

- Mixing bowl
- Spoon or whisk for mixing
- Sealable jar or container for storage

Method:

Combine Dry Ingredients: In a mixing bowl, combine the organic Epsom salt, organic sea salt or pink Himalayan salt, and baking soda. Mix well using a spoon or whisk to ensure the ingredients are evenly distributed.

Add Essential Oils: Add 10-15 drops of your chosen organic essential oils to the dry mixture. Stir the oils into the salts thoroughly to infuse the fragrance.

Optional Additions: If desired, add a handful of organic dried herbs or flowers to the mixture for added aroma and visual appeal. Mix them into the bath salts.

Transfer to Container: Once everything is mixed, carefully transfer the organic bath salts into a sealable jar or container for storage.

Usage:

ADD A HANDFUL (ABOUT 1/4 to 1/2 cup) of the organic bath salts to warm running bath water. Allow the salts to dissolve completely before entering the bath. Soak and relax in the bath for 15-20 minutes to enjoy their benefits.

Additional Tips:

CUSTOMIZE THE SCENT by blending different essential oils according to your preference.

Store the bath salts in a dry, airtight container to maintain their freshness and fragrance.

Caution:

- Essential oils can be potent; if you have sensitive skin or allergies, perform a patch test before using extensively.
- Be cautious when adding herbs or flowers, as they might create a mess in the bathtub drain.

THESE ORGANIC BATH salts offer a relaxing and aromatic bath experience while providing potential benefits such as muscle relaxation and skin nourishment. Adjust the ingredients to suit your preferences and enjoy a spa-like experience in the comfort of your home.

Organic Aftershave Lotion

Ingredients:

- 1/2 cup organic witch hazel
- 1/4 cup organic aloe vera gel
- 2 tablespoons organic vegetable glycerin
- 10 drops organic essential oils (like lavender, tea tree, or chamomile)

Tools Required:

- Mixing bowl
- Whisk or spoon for mixing
- Sealable bottle or container for storage

Method:

Combine the ingredients: In a mixing bowl, pour organic witch hazel, organic aloe vera gel and organic vegetable glycerin. Mix the ingredients well with a whisk or spoon.

Add essential oils: Add 10 drops of essential oils of your choice to the mixture. Essential oils not only provide fragrance but also provide potential skin benefits. Whisk the oil into the mixture until well combined.

Transfer to Container: Pour prepared organic aftershave lotion into a jar or sealable container for storage. Make sure the product has tight edges to keep it fresh.

Usage:

AFTER SHAVING, POUR a little organic aftershave lotion into your fingers. Massage gently into the shaved area to soothe and moisturize the skin.

Additional tips:

ADJUST THE AMOUNT OF essential oils as desired in terms of scent strength.

To maintain the quality of the aftershave, store it in a cool, dry place away from direct sunlight.

Caution:

- Perform a patch test before using the aftershave lotion extensively, especially if you have sensitive skin or allergies to certain ingredients.
- Avoid contact with eyes and broken skin. If irritation occurs, discontinue use and rinse with water.

THIS ORGANIC AFTERSHAVE lotion provides a soothing and hydrating effect on the skin after shaving, promoting a refreshed and moisturized feel. Customize the essential oils to your liking for a personalized scent and potential skincare benefits.

Organic Deodorant

Ingredients:

- 3 tablespoons organic coconut oil
- 2 tablespoons organic shea butter
- 2 tablespoons organic arrowroot powder
- 1 tablespoon organic baking soda
- 10-15 drops organic essential oils (such as tea tree, lavender, or lemon)

Tools Required:

- Mixing bowl
- Saucepan or double boiler (for melting ingredients)
- Spoon or whisk for mixing
- Sealable container for storage

Method:

Melt Ingredients: In a saucepan or double boiler, melt the organic coconut oil and organic shea butter over low heat until they're fully liquid. Stir occasionally to ensure even melting.

Combine Dry Ingredients: In a mixing bowl, combine the organic arrowroot powder and organic baking soda. Mix them well with a spoon or whisk.

Mix Wet and Dry Ingredients: Once the coconut oil and shea butter are melted, remove them from the heat. Gradually add the dry in-

gradient mixture into the liquid mixture, stirring continuously to create a smooth paste.

Add Essential Oils: Add 10-15 drops of your chosen organic essential oils to the mixture for fragrance and potential additional benefits. Mix well to evenly distribute the oils.

Transfer to Container: Pour the prepared organic deodorant mixture into a clean, sealable container. Allow it to cool and solidify before use.

Usage:

USING CLEAN FINGERTIPS, scoop a small amount of the organic deodorant from the container. Apply it to your underarms, massaging gently until absorbed. Reapply as needed throughout the day.

Additional Tips:

STORE THE DEODORANT in a cool, dry place to prevent melting. In warmer temperatures, it might become softer due to the coconut oil.

Test a small amount on your skin before extensive use to ensure you don't have any allergic reactions or skin sensitivities to the ingredients.

Caution:

- Baking soda might cause irritation for some individuals. If you experience discomfort, reduce the amount of baking soda in the recipe or stop using it.
- As with any natural deodorant, your body may need some adjustment time to adjust.

THIS ORGANIC DEODORANT recipe offers a natural alternative to traditional deodorants, using simple organic ingredients. Create es-

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EASY TO FOLLOW RECIPES FOR LIPSTICK MAKEUP
REMOVER MASCARA AND MORE ALL AT HOME, GO 35

essential oils for your favorite scent and enjoy the benefits of a natural homemade deodorant.

Organic Makeup Remover

Ingredients:

- 2 tablespoons organic fractionated coconut oil
- 2 tablespoons organic witch hazel
- 1 tablespoon organic aloe vera gel
- 5-7 drops organic essential oils (optional, like lavender or chamomile)

Tools Required:

- Mixing bowl or bottle
- Spoon or whisk for mixing
- Sealable bottle or container for storage

Method:

Combine the ingredients: In a mixing bowl or directly in a sealable jar, combine organic split coconut oil, organic witch hazel and organic aloe vera gel.

Add Essential Oils (Optional): Optionally add 5-7 drops of essential oils of your choice to the mixture for aroma or potential skin benefits.

Mix well to combine all ingredients.

Mix well: Stir or shake the mixture well so that all the ingredients are well mixed.

Container: Pour the organic makeup remover mixture into a jar or sealable container for storage.

Usage:

SHAKE IT BEFORE USING, so that ingredients are well mixed. Apply a few drops of organic makeup remover to a cotton swab or reusable cloth. Gently wipe off makeup, including eyeshadow and foundation, in gentle circular motions. Rinse your face with water or use a damp cloth to remove the residue.

Additional tips:

THIS MAKEUP REMOVER is gentle enough for daily use and is suitable for most skin types.

Make essential oils as you like or avoid them if you prefer unscented.

Caution:

- Do a patch test before using makeup remover heavily, especially if you have sensitive skin or are allergic to certain products.
- Avoid direct eye contact. In case of contact, rinse thoroughly with water.

THIS ORGANIC MAKEUP remover provides a natural way to gently remove makeup from the skin effectively. Store in a cool, dry place and enjoy a chemical-free makeup removal experience.

Organic Nail Polish Remover

Ingredients:

- 1/4 cup organic white vinegar
- 1/4 cup organic lemon juice
- 1 tablespoon organic vegetable glycerin
- 5-7 drops organic lavender essential oil (optional for fragrance)

Tools Required:

- Mixing bowl or bottle
- Spoon or whisk for mixing
- Sealable bottle or container for storage

Method:

Combine Ingredients: In a mixing bowl or you can directly put in a sealable bottle, mix organic white vinegar and organic lemon juice together.

Add Vegetable Glycerin: Add 1 tablespoon of organic vegetable glycerin to the mixture. This helps moisturize the nails and cuticles during the removal process.

Add Essential Oil (Optional): If desired, add 5-7 drops of organic lavender essential oil to the mixture for a pleasant fragrance. Mix well to combine all ingredients.

Mix Thoroughly: Stir or shake the mixture thoroughly to ensure all the ingredients are well blended.

Transfer to Container: Pour the organic nail polish remover mixture into a sealable bottle or container for storage.

Usage:

DIP A COTTON BALL OR pad into the organic nail polish remover. Hold the soaked cotton ball on each nail for a few seconds to allow the remover to penetrate the polish. Gently rub the nail until the polish is removed. Wash your hands afterward to remove any residue.

Additional Tips:

THIS ORGANIC NAIL POLISH remover might require a bit more rubbing or soaking than commercial removers but is gentle on the nails.

Store the remover in a cool, dry place away from direct sunlight.

Caution:

- Test the remover on a small area of the nail first to make sure it matches the nail, especially if you have sensitive nails or skin.
- Avoid eye contact, and if you do, rinse thoroughly with water.

THIS ORGANIC NAIL POLISH remover offers a natural alternative to traditional removers, offering a gentle way to remove nail polish without harsh chemicals. It is easy to make and suitable for most nail types.

Organic Hand Cream

Ingredients:

- 1/4 cup organic shea butter
- 1/4 cup organic coconut oil
- 2 tablespoons organic almond oil (or any carrier oil of choice)
- 10-15 drops of organic essential oils (lavender, chamomile, etc.)

Tools Required:

- Double boiler or heatproof bowl and saucepan
- Mixing bowl
- Hand mixer or whisk
- Sealable jar or container for storage

Method:

Melt Oils: Using a double boiler or heatproof bowl over a pan of simmering water, use organic shea butter, organic coconut oil and organic almond oil. Stir occasionally until completely dissolved and combined.

Let it cool slightly: Once it boils, remove the mixture from the heat and let it cool for about 10-15 minutes. Start a little tight around the edges but stay loose.

Add Essential Oils: Add 10-15 drops of your chosen essential oil to the slightly cooled oil blend. Stir gently to incorporate the oil evenly.

Whip the cream: Transfer the mixture to a mixing bowl and chill again until it reaches a semi-thick state. Using a hand mixer or whisk, beat for a few minutes until the mixture is creamy and fluffy.

Package: Pack organic hand cream in a clean, sealable bottle or container. Make sure the container is airtight for freshness.

Usage:

TAKE A SMALL AMOUNT of organic hand sanitizer and massage it into your hands. Use throughout the day as needed, especially after washing your hands or if your skin is sensitive.

Additional tips:

ADJUST THE AMOUNT OF essential oils you desire based on scent strength and skin tone preference.

Store it in a cool, dry place to prevent it from melting.

Caution:

- Do a patch test before heavy use, especially if you have sensitive skin or allergies.
- Avoid touching your eyes and using on broken skin. If irritated, stop use and rinse with water.

THIS ORGANIC HAND CREAM provides moisturization and nourishment to dry hands, leaving them feeling soft and hydrated. Customize the essential oils for your preferred scent and enjoy the benefits of a homemade, natural hand cream.

Organic Hair Mask

Ingredients:

- 1 ripe organic avocado
- 2 tablespoons organic coconut oil
- 1 tablespoon organic honey
- 1 tablespoon organic argan oil (or olive oil)
- Optional: 5-7 drops of organic essential oils (lavender, rosemary, etc.)

Tools Required:

- Mixing bowl
- Fork or blender for mashing (if needed)
- Shower cap or plastic wrap
- Towel

Method:

Prepare Avocado: Cut the ripe organic avocado in half, remove the pit, and scoop out the flesh into a mixing bowl. Mash the avocado using a fork until it forms a smooth paste. Alternatively, you can use a blender for a smoother consistency.

Add Oils: Add organic coconut oil, organic honey, and organic argan oil (or olive oil) to the mashed avocado. Mix all the ingredients thoroughly to create a uniform hair mask mixture.

Optional Essential Oils: If desired, add 5-7 drops of your chosen organic essential oils to the mask mixture. Stir well to incorporate the oils evenly.

Usage:

PREPARATION: DAMPEN your hair slightly with water before applying the hair mask. This helps the mask spread evenly and absorb better into the hair.

Application: Section your hair and start applying the organic hair mask from roots to tips, ensuring every strand is coated. Use your fingers or a brush for even distribution.

Cover and Wait: Once applied, cover your hair with a shower cap or wrap it in plastic wrap. Leave the mask on for 30 minutes to an hour to allow the nourishing ingredients to penetrate the hair.

Rinse and Shampoo: After the recommended time, rinse the hair mask out thoroughly with lukewarm water. Follow up with a mild organic shampoo and conditioner as usual.

Additional Tips:

ADJUST THE QUANTITIES of ingredients based on your hair length and thickness.

Perform a patch test before using the mask extensively, especially if you have sensitive skin or allergies to certain ingredients.

Caution:

- Avoid using hot water to rinse out the mask, as it might lead to avocado bits sticking to the hair.
- If you have an allergy to any ingredients, refrain from using them in the hair mask.

THIS ORGANIC HAIR MASK provides deep conditioning and nourishment to your hair, leaving it soft, shiny, and revitalized. Use it once a week or as needed to maintain healthy hair.

Organic Dry Shampoo

Ingredients:

- 1/4 cup organic arrowroot powder or organic cornstarch
- 1 tablespoon organic cocoa powder or ground cinnamon (for dark hair)
- 5-7 drops organic essential oils (optional for fragrance)

Tools Required:

- Mixing bowl
- Spoon for mixing
- Sealable container or shaker bottle for storage

Method:

Combine Dry Ingredients: In a mixing bowl, combine the organic arrowroot powder or organic cornstarch with the organic cocoa powder or ground cinnamon. The cocoa powder or cinnamon helps adjust the color for darker hair tones.

Optional Essential Oils: If desired, add 5-7 drops of your chosen organic essential oils to the dry mixture for a pleasant fragrance. Stir well to distribute the oils evenly.

Mix Thoroughly: Use a spoon to mix the ingredients thoroughly until well combined.

Transfer to Container: Pour the prepared organic dry shampoo mixture into a sealable container or shaker bottle for storage.

Usage:

APPLICATION: PART YOUR hair into sections and sprinkle a small amount of the organic dry shampoo onto your scalp, focusing on oily areas or roots.

Massage and Wait: Gently massage the dry shampoo into your scalp and hair using your fingertips. Allow it to sit for a few minutes to absorb excess oils.

Brush or Comb: Use a brush or comb to thoroughly brush or comb through your hair to remove the dry shampoo residue and distribute it evenly.

Additional Tips:

ADJUST THE AMOUNT OF cocoa powder or cinnamon depending on your hair color. Use more for darker hair tones and less or none for lighter hair.

Store the dry shampoo in a dry, airtight container.

Caution:

- If you have any known allergies to specific ingredients, perform a patch test before applying the dry shampoo extensively.
- Avoid getting the dry shampoo directly into your eyes, and if it occurs, rinse thoroughly with water.

THIS ORGANIC DRY SHAMPOO offers a natural alternative to traditional shampoos and is convenient for absorbing excess oil and refreshing your hair between washes. Use it as needed to extend the time between regular washes and maintain a fresh look.

Organic Natural Bug Repellent

Ingredients:

- 1/4 cup organic witch hazel
- 1/4 cup organic apple cider vinegar
- 20-25 drops organic essential oils (a combination of citronella, lavender, eucalyptus, tea tree, or peppermint)
- Optional: 1 teaspoon organic vegetable glycerin (to enhance adherence)

Tools Required:

- Mixing bowl
- Spoon or whisk for mixing
- Small spray bottle for storage

Method:

Combine Ingredients: In a mixing bowl, combine the organic witch hazel and organic apple cider vinegar. Stir well to mix them thoroughly.

Add Essential Oils: Add 20-25 drops of your chosen organic essential oils to the mixture. You can create a combination using citronella, lavender, eucalyptus, tea tree, peppermint, or other oils known for their insect-repelling properties.

Optional Vegetable Glycerin: If using, add 1 teaspoon of organic vegetable glycerin to the mixture. This helps the repellent adhere better to the skin.

Mix Thoroughly: Stir the ingredients together until well combined.

Transfer to Spray Bottle: Using a funnel, pour the prepared bug repellent mixture into a small spray bottle for easy application.

Usage:

SHAKE THE SPRAY BOTTLE well before use. Spray the organic bug repellent onto exposed skin areas, avoiding eyes and mucous membranes. Reapply the repellent every few hours, especially if sweating or after swimming.

Additional Tips:

REAPPLY THE BUG REPELLENT after excessive sweating or if you've been in water, as it may diminish its effectiveness.

Store the repellent in a cool, dry place away from direct sunlight.

Caution:

- Perform a patch test before using the bug repellent extensively, especially if you have sensitive skin or allergies to certain ingredients.
- Avoid spraying the repellent on open wounds or broken skin.

THIS ORGANIC NATURAL bug repellent offers a safer alternative to conventional chemical-based repellents, utilizing the natural insect-repelling properties of essential oils. It's effective for keeping insects at bay during outdoor activities.

Organic Lip Scrub

Ingredients:

- 1 tablespoon organic coconut oil
- 2 tablespoons organic brown sugar
- 1 teaspoon organic honey
- 1 teaspoon organic vanilla extract (optional for fragrance)

Tools Required:

- Mixing bowl
- Spoon for mixing
- Small airtight container for storage

Method:

Combine the ingredients: In a mixing bowl, combine organic coconut oil, organic brown sugar, organic honey, and organic vanilla (if using) together. Stir the ingredients together until granular but spreadable.

Mix well: Make sure all the ingredients are added well, so that you get a homogeneous mixture.

Transfer to Container: Transfer the prepared organic lip balm to a small airtight container for storage.

Usage:

RUB SOME WATER ON YOUR lips.

Take a small amount of the lip scrub on your fingertips and gently swipe it around your lips in circular motions for about 30 seconds

Rinse with warm water or gently blot the scrub with a damp cloth.

Follow with a lip balm or moisturizer for soft, hydrated lips.

Additional tips:

USE A LIP SCRUB ONCE or twice a week to keep your lips slippery and smooth.

You can customize the scrub by adding organic essential oils to smell like peppermint or lavender.

Caution:

- Avoid using it if you are allergic to the listed ingredients.
- Do not raise your lips too high as this can cause irritation. Once or twice a week is usually enough.

THIS ORGANIC LIP SCRUB helps to gently cleanse and moisturize your lips, leaving them soft, smooth and hydrated. It is a natural way to remove dead skin cells and give your lips a healthy appearance.

Organic Makeup Setting Spray

Ingredients:

- 1/4 cup distilled water
- 1 tablespoon organic aloe vera gel
- 1 tablespoon organic witch hazel
- 2-3 drops organic vegetable glycerin
- 2-3 drops organic rosehip oil (optional for added hydration)
- 3-5 drops organic essential oils (such as lavender or rose for fragrance)

Tools Required:

- Small spray bottle
- Funnel (optional for easier pouring)
- Mixing bowl or measuring cup

Method:

Prepare the mixture: In a mixing bowl or measuring cup, combine distilled water, organic aloe vera gel, organic witch hazel, organic herbal glycerin, and rose organic oil (if using) together.

Add Essential Oils: Add 3-5 essential oils of your choice for pleasant fragrance and skin benefits. Stir the mixture well to make sure all the ingredients are thoroughly mixed.

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Transfer to a spray bottle: Carefully pour the prepared organic makeup setting spray mixture into a small spray bottle using a funnel if necessary. Leave room at the top for drying.

Shake well: Close the spray bottle tightly and shake the mixture well before each use to ensure all ingredients are evenly distributed.

Usage:

AFTER APPLYING MAKEUP, hold the bottle about 8-10 inches away from your face and spritz the organic setting spray a few times in a gentle, even mist. Allow it to air dry or gently pat your face to help it set.

Additional Tips:

STORE THE SPRAY BOTTLE in a cool, dry place away from direct sunlight to maintain its freshness.

Test the setting spray on a small area of your skin before using it extensively to ensure compatibility, especially if you have sensitive skin.

Caution:

- Avoid contact with eyes. If the spray gets into your eyes, rinse thoroughly with water.
- If you have allergies to any ingredients, avoid using them in the setting spray.

THIS ORGANIC MAKEUP setting spray helps set makeup in place, giving it a natural finish and potentially providing some skin benefits from the organic ingredients used. It's a simple way to help your makeup last longer while keeping it organic and free from harsh chemicals.

Organic Hair Gel

Ingredients:

- organic flax seeds 1 cup
- distilled water 2 cups
- Optional: Essential oils for fragrance (e.g., lavender, rosemary)

Tools Required:

- Medium saucepan
- Strainer or cheesecloth
- Airtight container for storage
- Funnel for pouring

Method:

Boil the flax seeds: Put 2 cups of distilled water to a boil in a medium saucepan.

Add 1 cup organic flaxseed to the hot water and reduce the heat to medium. Stir occasionally to prevent sticking.

Boil and stir: Boil the flax seeds in water for about 10-15 minutes.

Stir occasionally until the mixture thickens and resembles a gel.

Prepare the gel: Remove the pan from the heat and finely strain the gel through a filter or cheesecloth into a bowl. Let it cool slightly.

Additional fragrance: If desired, add a few drops of selected essential oils to the warm gel to add fragrance. Stir well to incorporate.

Transfer to Container: Using a funnel if necessary, carefully pour the organic hair gel into an airtight container for storage. Let cool completely before serving.

Usage:

APPLY A FEW DROPS OF organic hair gel to wet or dry hair, working from roots to ends. Style your hair as you wish.

Additional tips:

THIS HOMEMADE HAIR gel has natural holding properties and is especially suitable for hair definition or lightening without the harsh hold of commercial gels

Store the gel in a cool, dry place. Use within a few weeks for optimal freshness.

Caution:

- Do a patch test before using the gel extensively, especially if you have sensitive or allergic skin.
- Avoid getting the gel in your eyes, and if you do, rinse thoroughly with water.

MADE WITH FLAXSEED, this organic hair gel provides a natural styling option without the use of synthetic chemicals, and offers a smooth hold to different hair types

Organic Hair Serum

Ingredients:

- 2 tablespoons organic argan oil
- 1 tablespoon organic jojoba oil
- 1 tablespoon organic sweet almond oil
- Optional: A few drops of organic essential oils (lavender, rosemary, etc.) for fragrance

Tools Required:

- Mixing bowl or container
- Spoon or whisk for mixing
- Airtight glass bottle for storage

Method:

Combine the oils: Combine organic argan oil, organic jojoba oil, and organic sweet almond oil in a bowl or mixing bowl.

Optional Essential Oils: If desired, add a few drops of your chosen essential oils to the oil mixture for fragrance. Stir well to mix evenly.

Transfer to a bottle: Using a funnel, if necessary, carefully pour the oil mixture into an airtight glass bottle for storage. Secure the bottle to the barrel.

Shake well before use: Before using the serum, shake the bottle well to make sure all the oils are mixed.

Usage:

APPLY A FEW DROPS (small drops) of organic hair serum to your fingers.

Gently massage the serum into wet or dry hair, focusing on mid-lengths and ends.

Style your hair as usual. Avoid applying too much serum to avoid weighing down your hair.

Additional tips:

SWEET ORGANIC ARGAN, jojoba and almond oils are known for their moisturizing and nourishing properties, benefiting hair health and adding shine without leaving a greasy residue

Customize the serum by adjusting the amount of oil to suit your hair needs and length.

Caution:

- Do a patch test before using the serum extensively, especially if you have sensitive or allergic skin.
- Avoid contact with your eyes, and rinse thoroughly with water if the serum gets in contact with your eyes.

THIS ORGANIC HAIR SERUM is designed to nourish, hydrate and shine your hair without the use of additives. It is a natural way to maintain healthy-looking hair and you can add it to your daily hair care routine.

Organic Beard Balm

Ingredients:

- 2 tablespoons organic shea butter
- 2 tablespoons organic beeswax pellets
- 2 tablespoons organic jojoba oil
- 2 tablespoons organic coconut oil
- Optional: A few drops of organic essential oils (cedarwood, sandalwood, etc.) for fragrance

Tools Required:

- Double boiler or heatproof bowl and saucepan
- Stirring utensil (spoon or spatula)
- Airtight container for storage

Method:

Melt Ingredients: Place two boilers or a heatproof bowl over a saucepan of simmering water, melt organic shea butter, organic beeswax tablets, organic jojoba oil and organic coconut oil until completely melted and combined stir from time to time.

Optional Essential Oils: If desired, add a few drops of your chosen essential oils to the whipped mixture to add fragrance. Stir well to distribute the oil evenly.

Cool slightly: Remove the mixture from the heat and allow it to cool slightly. It started to thicken but it should still pour.

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Pour into container: Carefully pour the semi-solidified mixture into an airtight container for storage. Cool and allow to harden completely before using.

Usage:

RUB A FEW DROPS OF organic beard balm with your fingertips.

Rub it between your fingers to keep it warm and soft.

Apply evenly to your beard and work it into your hair and skin underneath.

Additional tips:

THE BEARD BALM HELPS to keep facial hair healthy, smooth and nourishes the skin underneath.

Adjust the amount of beeswax depending on whether you want to wear it lighter or heavier.

Caution:

- Do a strip test before using beard products heavily, especially if you have sensitive or allergic skin.
- To keep the beard balm intact, keep it out of excessive heat or direct sunlight.

THIS ORGANIC BEARD shampoo acts as a complement to facial hair's texture and texture, providing natural moisture and additive-free lips to keep your beard looking natural healthy and beautiful.

Organic Beard Wash

Ingredients:

- 1/4 cup liquid castile soap (organic and unscented)
- 1/4 cup organic coconut milk
- 1 tablespoon organic honey
- 1 tablespoon organic jojoba oil
- Optional: A few drops of organic essential oils (such as cedarwood, tea tree, or lavender) for fragrance

Tools Required:

- Mixing bowl
- Whisk or spoon for mixing
- Airtight container for storage

Method:

Combine Ingredients: In a mixing bowl, combine the liquid castile soap, organic coconut milk, organic honey, and organic jojoba oil.

Optional Essential Oils: If desired, add a few drops of your chosen organic essential oils for fragrance. Stir well to incorporate the oils evenly into the mixture.

Mix Thoroughly: Whisk or stir the ingredients together until they are well combined and form a homogeneous mixture.

Transfer to Container: Pour the prepared organic beard wash into an airtight container for storage.

Usage:

WET YOUR BEARD THOROUGHLY with water.

Apply a small amount of the organic beard wash to your fingertips and massage it into your beard and the skin beneath.

Rinse your beard thoroughly with water.

Additional Tips:

THIS ORGANIC BEARD wash helps to cleanse and nourish facial hair without stripping away natural oils, leaving the beard clean and soft.

Adjust the quantity of essential oils based on your preference for fragrance intensity.

Caution:

- Conduct a strip test first, especially if you have sensitive skin or allergies.
- Avoid eye contact. If it gets in your eyes, rinse thoroughly with water.

THIS ORGANIC BEARD wash gently cleanses facial hair, using natural ingredients and nourishing ingredients to leave the beard clean, hydrated and manageable without harsh chemicals.

Organic Cuticle Oil

Ingredients:

- 2 tablespoons organic jojoba oil
- 1 tablespoon organic sweet almond oil
- 1 tablespoon organic argan oil
- Optional: A few drops of organic essential oils (such as lavender, tea tree, or lemon) for fragrance and added benefits

Tools Required:

- Mixing bowl or container
- Stirring utensil (spoon or small whisk)
- Airtight glass bottle for storage

Method:

Combine the oils: Combine organic jojoba oil, organic sweet almond oil, and organic argan oil in a bowl or mixing bowl.

Optional Essential Oils: If desired, add a few drops of your chosen essential oils to the oil blend for added fragrance or benefits. Stir well to mix.

Mix well: Use a spoon or small whisk to make sure all the oils are thoroughly mixed.

Transfer to a bottle: Carefully pour the organic bark oil blend into an airtight glass bottle for storage. Make sure the bottle has a tight fitting lid or dropper for easy use.

Usage:

APPLY A SMALL AMOUNT of cuticle oil to each nail by dripping on each nail or directly to your fingertips.

In a circular motion, gently massage the oil into the roots and nails.

Additional Tips:

ORGANIC JOJOBA, SWEET almond and argan oils help nourish and moisturize cuticles, keeping them healthy and hydrated.

Use cuticle oil regularly, preferably before bed, to deepen the oil absorption and keep the cuticles hydrated throughout the night.

Caution:

- Some essential oils can irritate the skin of sensitive people.
- Perform a patch test before using the oil extensively.
- Avoid contact with eyes. If the oil gets into your eyes, rinse thoroughly with water.

THIS ORGANIC CUTICLE oil provides natural hydration and nourishment to the cuticles, promoting healthy and moisturized nails without synthetic additives.

Organic Bath Oils

Ingredients:

- 1/2 cup organic carrier oil (such as sweet almond oil, jojoba oil, or coconut oil)
- 10-15 drops of organic essential oils (lavender, chamomile, eucalyptus, etc.)

Tools Required:

- Mixing bowl or container
- Stirring utensil (spoon or whisk)
- Airtight glass bottle for storage

Method:

Choose a carrier oil: Choose an organic carrier oil of your choice, such as sweet almond oil, jojoba oil, or coconut oil.

Add essential oils: Pour 1/2 cup organic carrier oil into a bowl or mixing bowl. Add 10-15 drops of organic essential oils of your choice for fragrance and healing benefits.

Mix well: Mix the carrier oil and essential oils thoroughly with a spoon or whisk.

Transfer to a bottle: Carefully pour the organic bath oil into an airtight glass bottle for storage. Make sure the bottle has a tight fitting lid or dropper for easy use.

Usage:

BEFORE ADDING THE BATH oil to your bathwater, shake the bottle to mix the oils thoroughly.

Add a few drops (5-8 drops) of the organic bath oil to warm bathwater while the tub is filling.

Additional Tips:

ORGANIC BATH OILS OFFER a luxurious experience and can be customized with various essential oils based on your preference for scent and intended benefits (relaxation, rejuvenation, etc.).

Experiment with different essential oil blends to create your desired aroma and therapeutic effects.

Caution:

- Some essential oils may cause skin irritation in sensitive individuals. Perform a patch test before using the oil extensively.
- Ensure that the oils are well diluted in the bathwater to prevent any skin sensitivity.

ORGANIC BATH OILS PROVIDE a natural way to enhance your bath experience, offering aromatherapy benefits and skin hydration with the use of natural and pure ingredients.

Organic Bubble Bath

Ingredients:

- 1 cup organic liquid castile soap (unscented)
- 1/2 cup organic vegetable glycerin
- 1/4 cup organic honey
- 2 tablespoons organic coconut oil
- 10-15 drops organic essential oils (lavender, chamomile, or your preferred scent)

Tools Required:

- Mixing bowl or container
- Whisk or spoon for mixing
- Airtight container for storage

Method:

Combine the ingredients: In a bowl or mixing bowl, combine organic liquid castile soap, organic vegetable glycerin, organic honey and organic coconut oil together

Add Essential Oils: Add 10-15 drops of your chosen essential oils for fragrance and other therapeutic benefits.

Mix well: Use a whisk or spoon to mix all the ingredients together well until well combined.

Transfer to Container: Pour the prepared organic bubble bath mixture into an airtight container and store.

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Usage:

BEFORE USING, GENTLY shake bubble bath mixture to remix the ingredients.

When filling the tub to create bubbles, add the desired amount of hot running water to the organic bubble bath.

Additional Tips:

ORGANIC BUBBLE BATHS provide a gentle and soothing bath without harsh chemicals, and use natural ingredients to provide bubbles and fragrance.

Adjust the amount of essential oils depending on your desired scent strength.

Caution:

- Do a patch test before using bubble baths extensively, especially if you have sensitive or allergic skin.
- Be careful not to fall into the tub as the oil in the bubble bath can make surfaces slippery.

THIS ORGANIC BUBBLE bath recipe uses natural and organic ingredients and lets you enjoy a relaxing bubble bath, leaving you with a soothing and gentle skin experience.

Organic Shower Gel

Ingredients:

- 1 cup organic liquid castile soap (unscented)
- 1/4 cup organic honey
- 1/4 cup organic coconut oil
- 10-15 drops organic essential oils (such as lavender, eucalyptus, or citrus)

Tools Required:

- Mixing bowl or container
- Whisk or spoon for mixing
- Airtight container for storage

Method:

Combine the ingredients: In a bowl or mixing bowl, combine organic liquid castile soap, organic honey and organic coconut oil.

Add Essential Oils: Add 10-15 drops of your favorite organic essential oil to the mixture for added fragrance and benefits.

Mix well: Use a whisk or spoon to mix all the ingredients together well until well combined.

Transfer to Container: Pour the prepared organic shower gel into an airtight container and store.

Usage:

BEFORE USE, SHAKE OR stir the shower gel gently to ensure proper mixing.

When showering, apply a few drops of organic bath gel directly to a loofah, washcloth, or skin.

Additional Tips:

THE ORGANIC SHOWER gel offers a gentle cleanse without harsh chemicals, and uses natural ingredients to cleanse and moisturize the skin.

Experiment with different essential oils to achieve your desired scent and enjoy the benefits of aromatherapy.

Caution:

- Do a patch test before using shower gel extensively, especially if you have sensitive or allergic skin.
- Avoid eye contact. If the gel gets in your eyes, rinse thoroughly with water.

THIS ORGANIC SHOWER gel recipe uses organic gentle ingredients to cleanse and rejuvenate your skin, leaving your skin feeling clean and hydrated after every use.

Organic Face Toner

Ingredients:

- 1/2 cup organic rose water
- 1/4 cup organic witch hazel
- 2 tablespoons organic aloe vera gel
- 5-7 drops organic essential oils (optional)

Tools Required:

- Mixing bowl or container
- Stirring utensil (spoon or whisk)
- Airtight glass bottle for storage

Method:

Combine the ingredients: In a bowl or mixing bowl, combine organic rose water, organic witch hazel and organic aloe vera gel.

Optional Essential Oils: Optionally add 5-7 essential oils of your choice for added benefit or fragrance. Stir well to combine.

Mix well: Use a spoon or whisk to make sure all the ingredients are well mixed.

Transfer to a bottle: Pour the organic facial toner into an airtight glass bottle and store.

Usage:

APPLY ORGANIC FACIAL toner to clean skin using a cotton swab or by spraying directly on the face.

Gently wipe off the toner or pat the skin, paying close attention to the areas that need attention.

Additional Tips:

ORGANIC ROSE WATER and witch hazel help to balance the skin's pH and tighten pores, while aloe vera soothes and moisturizes the skin.

To keep the toner fresh, store it in a cool, dry place out of direct sunlight.

Caution:

- Do a patch test before using facial toners extensively, especially if you have sensitive or allergic skin.
- Avoid eye contact. If the toner gets on your eyes, rinse thoroughly with water.

GENTLE AND NOURISHING, this organic facial toner delivers natural benefits to your skin without harsh chemicals, leaving your skin feeling toned, balanced and revitalized after use.

Organic Face Serum

Ingredients:

- 1/2 ounce organic rosehip seed oil
- 1/2 ounce organic jojoba oil
- 5 drops organic vitamin E oil
- 3-5 drops organic lavender essential oil (optional)

Tools Required:

- Small glass bottle with a dropper or pump
- Mixing bowl or container
- Stirring utensil (spoon or small whisk)

Method:

Combine the oil: In a bowl or mixing bowl, combine organic rose seed oil and organic jojoba oil.

Add Vitamin E and Essential Oil: Add 5 tablespoons of organic vitamin E oil to nourish skin. If desired, add 3-5 drops of organic lavender essential oil for a pleasant aroma and other skin benefits.

Mix well: Make sure to combine the ingredients thoroughly.

Transfer to a bottle: Using a dropper or funnel, carefully pour the organic facial serum into a small glass bottle with a dropper or pump for easy application.

Usage:

APPLY A FEW DROPS OF the organic facial serum onto cleansed skin and gently massage upwards into your face and neck.

Allow the serum to absorb into the skin before applying other skin care products or makeup.

Additional Tips:

ORGANIC ROSE SEED OIL and jojoba oil are great for hydrating and nourishing the skin, while vitamin E provides anti-inflammatory benefits.

Customize the essential oils based on your skin type and preferences.

Always perform a patch test before using essential oils on your skin.

Caution:

- Essential oils, even when diluted, may cause skin irritation in some individuals. Conduct a patch test before using the serum extensively.
- Avoid contact with eyes. If the serum gets into your eyes, rinse thoroughly with water.

THIS ORGANIC FACE SERUM offers natural hydration and skin-nourishing properties, providing your skin with essential nutrients for a healthy and radiant complexion.

Organic Face Cleanser

Ingredients:

- 1/4 cup organic liquid castile soap (unscented)
- 1/4 cup organic rose water
- 2 tablespoons organic vegetable glycerin
- 1 tablespoon organic jojoba oil
- 5-7 drops organic essential oils (optional, for fragrance)

Tools Required:

- Mixing bowl or container
- Stirring utensil (spoon or whisk)
- Airtight bottle for storage

Method:

Combine Ingredients: In a mixing bowl or container, combine the organic liquid castile soap, organic rose water, organic vegetable glycerin, and organic jojoba oil.

Optional Essential Oils: If desired, add 5-7 drops of your chosen organic essential oils for a pleasant fragrance and added benefits.

Mix Thoroughly: Use a spoon or whisk to thoroughly mix all the ingredients together until they are well combined.

Transfer to Bottle: Pour the prepared organic face cleanser into an airtight bottle for storage.

Usage:

WET YOUR FACE WITH water and dispense a small amount of the organic cleanser onto your fingertips.

Gently massage the cleanser onto your damp face using circular motions.

Rinse thoroughly with water and pat your face dry.

Additional Tips:

ORGANIC LIQUID CASTILE soap provides gentle cleansing, while rose water and jojoba oil help to hydrate and soothe the skin.

Adjust the amount of essential oils based on your preference for scent and skin compatibility.

Caution:

- Some essential oils may cause skin irritation in sensitive individuals. Perform a patch test before using the cleanser extensively.
- Avoid contact with eyes. If the cleanser gets into your eyes, rinse thoroughly with water.

THIS ORGANIC FACE CLEANSER offers a gentle and effective way to cleanse your skin using natural and organic ingredients, leaving your face feeling clean, refreshed, and nourished after each use.

Organic Eye Cream

Ingredients:

- 1 tablespoon organic coconut oil
- 1 teaspoon organic almond oil
- 1 teaspoon organic shea butter
- 1/2 teaspoon organic beeswax pellets
- 3-4 drops organic vitamin E oil
- 2-3 drops organic lavender essential oil (optional)

Tools Required:

- Double boiler or heatproof bowl and saucepan
- Stirring utensil (spoon or spatula)
- Airtight container for storage

Method:

Melt Ingredients: In a double boiler or a heatproof bowl placed over a saucepan of simmering water, melt the organic coconut oil, organic almond oil, organic shea butter, and organic beeswax pellets together.

Mix in Vitamin E and Essential Oil: Once melted, remove the mixture from heat and let it cool slightly. Add the organic vitamin E oil and organic lavender essential oil (if using), and stir well to combine.

Transfer to Container: Pour the mixture into an airtight container suitable for storing the eye cream.

Allow to Set: Let the mixture cool and solidify at room temperature. It will form a creamy consistency as it cools.

Usage:

USE A SMALL AMOUNT of the organic eye cream on clean fingers.

Gently dab or massage the cream around the eye area with your ring finger, starting from the outer corner and working inward. Be gentle to avoid tugging at the delicate skin.

Additional Tips:

THE COMBINATION OF organic oils and shea butter provides hydration, while beeswax helps create a protective barrier on the delicate skin around the eyes.

Adjust the amount of essential oils according to your preference and skin sensitivity.

Caution:

- Essential oils, even when diluted, may cause irritation in some individuals. Perform a patch test before using the eye cream extensively.
- Avoid direct contact with the eyes. If any cream gets into your eyes, rinse thoroughly with water.

THIS ORGANIC EYE CREAM is gentle and nourishing, offering natural hydration and care for the delicate skin around the eyes, helping to reduce dryness and maintain a soft, smooth appearance.

Organic Makeup Primer

Ingredients:

- Aloe Vera Gel: 2 tablespoons
- Witch Hazel: 1 tablespoon
- Jojoba Oil: 1 teaspoon
- Vegetable Glycerin: 1 teaspoon
- Cornstarch or Arrowroot Powder: 1 teaspoon

Tools:

- Mixing Bowl
- Whisk or Spoon
- Sterilized Pump Bottle or Container

Method:

Combine Ingredients: In a mixing bowl, add the aloe vera gel, witch hazel, jojoba oil, vegetable glycerin, and cornstarch (or arrowroot powder).

Mix Thoroughly: Use a whisk or spoon to blend the ingredients together until they form a smooth, uniform mixture without lumps.

Transfer to Container: Pour the mixture into a sterilized pump bottle or any airtight container suitable for easy application.

Usage:

APPLY A SMALL AMOUNT of the primer evenly onto clean, moisturized skin before applying makeup.

Allow it to set for a minute or two before proceeding with foundation or other makeup products.

Additional Tips:

ADJUST THE CONSISTENCY by adding more or less cornstarch/arrowroot powder for your preferred texture.

This primer works well for normal to oily skin types. For dry skin, consider adding a bit more jojoba oil for extra moisture.

Store the primer in a cool, dry place to maintain its quality and prolong shelf life.

Caution:

- Perform a patch test on a small area of skin to ensure compatibility and to check for any potential allergic reactions, especially if you have sensitive skin or allergies to any of the ingredients.

THIS HOMEMADE ORGANIC makeup primer provides a smooth base for makeup application while also offering natural skincare benefits.

Organic Makeup Foundation

Ingredients:

- Zinc Oxide Powder: 1 tablespoon (provides sun protection and coverage)
- Arrowroot Powder: 1 tablespoon (helps with texture and absorption)
- Cocoa Powder or Cinnamon: 1/2 to 1 teaspoon (for color, adjust to match your skin tone)
- Bentonite Clay: 1/2 teaspoon (offers natural detoxifying properties)
- Jojoba Oil or Almond Oil: 1-2 teaspoons (moisturizing and binding)
- Essential Oil (optional): A few drops for fragrance (choose skin-friendly options like lavender or chamomile)

Tools:

- Mixing Bowl
- Whisk or Spoon
- Sterilized Jar or Compact Container

Method:

Prepare Ingredients: Measure out the zinc oxide powder, arrowroot powder, cocoa powder (or cinnamon), bentonite clay, and jojoba oil.

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Mix Dry Ingredients: In a mixing bowl, combine the zinc oxide, arrowroot powder, cocoa powder (or cinnamon), and bentonite clay. Mix well until thoroughly combined.

Add Oils: Gradually add jojoba oil or almond oil to the dry mixture, stirring continuously until it forms a smooth, consistent texture. Adjust oil quantity for desired consistency.

Optional Fragrance: If desired, add a few drops of essential oil for fragrance. Mix thoroughly.

Test and Adjust: Test the color and coverage on a small patch of skin. Adjust the cocoa powder or cinnamon to match your skin tone.

Usage:

USE A MAKEUP BRUSH or sponge to apply the foundation evenly onto cleansed and moisturized skin.

Blend well for a natural finish.

Additional Tips:

CUSTOMIZE THE SHADE by varying the amounts of cocoa powder or cinnamon to match your skin tone.

Store the foundation in a clean, airtight jar or compact container for easy use.

This foundation provides light to medium coverage. Adjust ingredients for more or less coverage as desired.

Caution:

- Always perform a patch test before full-face application to ensure compatibility, especially if you have sensitive skin or allergies to any of the ingredients.

- Zinc oxide offers sun protection, but it's not a substitute for sunscreen. Use additional sunscreen if planning extended sun exposure.

CREATING YOUR OWN ORGANIC makeup foundation allows you to tailor the product to your skin's needs while ensuring a natural, personalized touch to your beauty routine.

Organic Blush/Bronzer

Ingredients:

- Arrowroot Powder: 2 tablespoons (base ingredient for texture)
- Beetroot Powder: 1/2 to 1 teaspoon (for blush color, adjust amount for desired shade)
- Cocoa Powder: 1/2 to 1 teaspoon (for bronzer color, adjust amount for desired shade)
- Ground Cinnamon: 1/4 teaspoon (for warm tones in bronzer, optional)
- Hibiscus Powder: 1/2 teaspoon (for deeper blush color, optional)
- Rosehip Oil or Almond Oil: 1-2 teaspoons (binding and moisturizing)
- Essential Oil (optional): A few drops for fragrance (choose skin-friendly options like lavender or rose)

Tools:

- Mixing Bowl
- Whisk or Spoon
- Sterilized Jar or Compact Container

Method:

Prep^{are} Ingredients: Measure out arrowroot powder, beetroot powder, cocoa powder, ground cinnamon (if using), hibiscus powder (if using), rosehip oil, and essential oil (if using).

Mix Dry Ingredients: In a mixing bowl, combine the arrowroot powder, beetroot powder, cocoa powder, ground cinnamon, and hibiscus powder (if using). Mix well until thoroughly combined.

Add Oils: Gradually add rosehip oil or almond oil to the dry mixture, stirring continuously until it forms a smooth, consistent texture. Adjust oil quantity for desired consistency.

Optional Fragrance: If desired, add a few drops of essential oil for fragrance. Mix thoroughly.

Usage:

USE A MAKEUP BRUSH to apply the blush or bronzer onto cheeks or desired areas for a natural glow.

Blend well for a seamless finish.

Additional Tips:

EXPERIMENT WITH THE proportions of beetroot, cocoa, and other powders to achieve the desired shade for your skin tone.

Store the blush or bronzer in a clean, airtight jar or compact container for easy application and to preserve its quality.

Test the color on a small area of skin to ensure it matches your desired shade before applying to your face.

Caution:

- Perform a patch test before full-face application to ensure compatibility, especially if you have sensitive skin or allergies to any of the ingredients.
- Some powders may stain fabrics, so be cautious during application, especially with lighter clothing.

CREATING YOUR OWN ORGANIC blush or bronzer allows you to personalize the shades and ingredients according to your preferences while avoiding potentially harmful chemicals often found in conventional makeup products.

Organic Eye Shadow

Ingredients:

- Arrowroot Powder: 1 tablespoon (base ingredient)
- Mica Powder (Various Colors): 1/2 to 1 teaspoon each (for desired eye shadow shades)
- Activated Charcoal: 1/4 teaspoon (for black or dark shades, optional)
- Spirulina Powder: 1/4 teaspoon (for green tones, optional)
- Rosehip Oil or Almond Oil: 1-2 teaspoons (binding and moisturizing)
- Essential Oil (optional): A few drops for fragrance (choose skin-friendly options like lavender or chamomile)

Tools:

- Mixing Bowl
- Whisk or Spoon
- Sterilized Jar or Compact Container

Method:

Prepare Ingredients: Measure out arrowroot powder, mica powder(s), activated charcoal (if using), spirulina powder (if using), rosehip oil, and essential oil (if using).

Mix Dry Ingredients: In a mixing bowl, combine the arrowroot powder, mica powders, activated charcoal, and spirulina powder (if using). Mix well until thoroughly combined.

Add Oils: Gradually add rosehip oil or almond oil to the dry mixture, stirring continuously until it forms a smooth, consistent texture. Adjust oil quantity for desired consistency.

Optional Fragrance: If desired, add a few drops of essential oil for fragrance. Mix thoroughly.

Usage:

USE AN EYESHADOW BRUSH to apply the organic eye shadow onto eyelids.

Blend well for a seamless and natural look.

Additional Tips:

EXPERIMENT WITH DIFFERENT combinations of mica powders to create custom shades.

Adjust the amounts of each powder to achieve the desired intensity of color.

Store the eye shadow in a clean, airtight jar or compact container for ease of use and to maintain its quality.

Caution:

- Perform a patch test before full eye application to ensure compatibility, especially if you have sensitive skin or allergies to any of the ingredients.
- Take care to avoid eye contact. If irritation occurs, discontinue use immediately.

CREATING YOUR OWN ORGANIC eye shadow allows you to customize colors according to your preferences while ensuring the use of natural and skin-friendly ingredients.

Organic Mascara

Ingredients:

- Activated Charcoal: 1/2 teaspoon (for black pigment)
- Aloe Vera Gel: 1 teaspoon (moisturizing and binding)
- Coconut Oil: 1/2 teaspoon (nourishing and thickening)
- Beeswax or Carnauba Wax: 1/2 teaspoon (for texture and consistency)
- Vitamin E Oil: 2-3 drops (optional, for additional nourishment)
- Empty Mascara Tube or Small Container

Tools:

- Small Pot or Heatproof Bowl
- Stove or Heating Element
- Spoon or Stirrer
- Pipette or Small Funnel (for transferring mascara into the tube)

Method:

Prepare Ingredients: Measure out activated charcoal, aloe vera gel, coconut oil, beeswax or carnauba wax, and vitamin E oil (if using).

Heat the Ingredients: In a small pot or heatproof bowl, combine coconut oil and beeswax (or carnauba wax). Heat gently over low heat until melted.

Add Aloe Vera Gel and Charcoal: Remove from heat and add aloe vera gel and activated charcoal. Stir well until fully combined and the mixture achieves a smooth consistency.

Optional Vitamin E: If using vitamin E oil, add it to the mixture and stir until incorporated.

Transfer to Container: Using a pipette or small funnel, carefully transfer the mascara mixture into an empty mascara tube or a small container suitable for mascara application.

Usage:

APPLY THE HOMEMADE mascara using a clean mascara wand as you would with store-bought mascara.

Coat lashes evenly for desired thickness and length.

Additional Tips:

ADJUST THE AMOUNT OF activated charcoal for a lighter or darker shade of mascara.

Test the consistency on your hand or wrist before applying to ensure it's not too runny or too thick.

Caution:

- Be cautious to avoid contact with eyes during application. If any irritation occurs, discontinue use immediately.
- Perform a patch test on a small area of skin to ensure compatibility, especially if you have sensitive skin or allergies to any of the ingredients.

CREATING YOUR OWN ORGANIC mascara allows for a natural alternative to commercial products, but it's crucial to be mindful of hygiene and the potential for allergic reactions. Enjoy experimenting with natural ingredients to find the perfect mascara for you!

Organic Eyeliner

Ingredients:

- Activated Charcoal: 1/2 teaspoon (for black pigment)
- Coconut Oil: 1/2 teaspoon (nourishing and binding)
- Shea Butter or Cocoa Butter: 1/2 teaspoon (for texture and consistency)
- Beeswax or Carnauba Wax: 1/2 teaspoon (for structure)
- Aloe Vera Gel: 1/4 teaspoon (optional, for added moisture)
- Empty Eyeliner Pot or Small Container

Tools:

- Small Pot or Heatproof Bowl
- Stove or Heating Element
- Spoon or Stirrer
- Pipette or Small Funnel (for transferring eyeliner into the pot)

Method:

Prepare Ingredients: Add active charcoal, coconut oil, shea butter or cocoa butter, beeswax or carnauba wax and aloe vera gel (if using).

Melt Ingredients: Combine coconut oil, shea butter (or cocoa butter), and beeswax (or carnauba wax) in a small pot or heatproof bowl. Gently heat over low heat until melted and well mixed.

Add Activated Charcoal: Take off heat, and add charcoal to the melt. Stir well until the charcoal is dispersed evenly and the mixture is smooth.

Optional Aloe Vera Gel: Add aloe vera gel to the mixture and stir well.

Transfer to Container: Transfer eyeliner mixture with a pipette or small funnel.

Usage:

FIRST USE AN EYELINER brush or applicator to apply the organic eyeliner along the lash line.

Design eyeliner according to your preferences.

Additional Tips:

ALTER THE AMOUNT OF activated charcoal to suit a lighter or darker shade of eyeliner.

Apply only after testing the consistency on your hand or wrist to make sure it's not too runny or too thick.

Caution:

- Yet avoid direct contact with eyes during application. If irritation occurs, discontinue use.
- If you are sensitive-skinned or allergic to any of the ingredients, do a patch test on a small area of skin first to ensure you are not allergic to it.

WITH YOUR OWN ORGANIC eyeliner, you have a natural alternative to store-bought products. While experimenting with natural ingredients, you must put priority on hygiene and potential allergic reactions. Have fun creating custom eyeliner for your own use!

Organic Lipstick

Ingredients:

- Beeswax or Carnauba Wax: 1 teaspoon (for texture and structure)
- Shea Butter or Cocoa Butter: 1 teaspoon (for moisture and creaminess)
- Coconut Oil: 1 teaspoon (for hydration and glossiness)
- Jojoba Oil: 1/2 teaspoon (nourishing and binding)
- Natural Coloring Agents:
 - Beetroot Powder: for red or pink shades
 - Cocoa Powder: for brown shades
 - Spirulina Powder: for green or blue shades
 - Turmeric: for orange tones
- Essential Oil (optional): A few drops for fragrance (choose skin-friendly options like lavender or peppermint)
- Empty Lipstick Tubes or Small Containers

Tools:

- Small Pot or Heatproof Bowl

- Stove or Heating Element
- Spoon or Stirrer
- Pipette or Small Funnel (for transferring lipstick into tubes or containers)

Method:

Prepare Ingredients: Mix beeswax or carnauba wax, shea butter or cocoa butter, coconut oil, jojoba oil, natural coloring agents, and essential oil (optional) to taste.

Melt Ingredients: Mix beeswax (or carnauba wax), shea butter (or cocoa butter), coconut oil, and jojoba oil in a small pot or heatproof bowl. Melt over low heat, and stir until well blended.

Add Natural Color: Take off the heat and add gradually your preferred natural coloring agents until you get the desired shade. Stir well so that the color is evenly distributed.

Optional Fragrance: For fragrance, add a few drops of essential oil, stir until incorporated.

Transfer to Containers: Pour the lipstick mixture into small containers suitable for lip product application, or use a pipette or small funnel to carefully decant into empty lipstick tubes.

Usage:

THE ORGANIC LIPSTICK should be directly applied to lips to obtain a fresh, moisturized and beautiful look.

Apply as needed throughout the day.

Additional Tips:

EXPERIMENT WITH THE proportions of natural colorants to get the shade and strength you want.

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Increase or decrease the consistency by adding more wax for a firmer lipstick or more oil for a glossier finish.

A cool, dry place is the best place for storing the lipstick to preserve its quality and prevent it from melting.

Caution:

- If you are allergic to any of the natural ingredients, be careful.
- If you have sensitive skin, try applying a small amount at first to see if you're compatible.

MAKING YOUR OWN ORGANIC lipstick allows for customization of shades and ingredients, providing a natural and personalized alternative to commercial products. Enjoy the process of creating your unique lip colors!

Organic Lip Gloss

Ingredients:

- Beeswax or Carnauba Wax: 1 teaspoon (for structure)
- Coconut Oil: 1 teaspoon (for hydration and glossiness)
- Sweet Almond Oil: 1 teaspoon (nourishing and softening)
- Castor Oil: 1/2 teaspoon (provides shine and thickness)
- Natural Coloring Agents (Optional):
- Mica Powder: for shimmer and color (use sparingly)
- Fruit Pigments or Beetroot Powder: for tint (optional)
- Essential Oil (Optional): A few drops for fragrance (such as peppermint or vanilla)
- Empty Lip Gloss Tubes or Small Containers

Tools:

- Small Pot or Heatproof Bowl
- Stove or Heating Element
- Spoon or Stirrer
- Pipette or Small Funnel (for transferring lip gloss into tubes or containers)

Method:

Prepare Ingredients: Measure out beeswax or carnauba wax, coconut oil, sweet almond oil, castor oil, natural coloring agents (if using) and essential oil (if using).

Melt Ingredients: Place beeswax (or carnauba wax), coconut oil, sweet almond oil and castor oil in a small pot or heatproof bowl. Gently heat over low heat until melted and well mixed.

Add Coloring and Fragrance: If natural coloring agents or mica powder is used for shimmer, add them while the mixture is warm. Stir well until the color is even. If essential oil is used to scent it, add a few drops and stir to mix in.

Transfer to Containers: Add the lip gloss mixture to empty lip gloss tubes or small tubes suitable for lip products. Use a pipette or small funnel to do this carefully.

Usage:

ONE CAN USE THE APPLICATOR inside the tube or the finger for a natural, glossy ending.

Reapply as necessary for added shine and moisture.

Additional Tips:

PLAY AROUND WITH DIFFERENT natural coloring agents or mica powders to achieve all sorts of shades and shimmer effects.

Add more oil if you want the gloss to be lighter in consistency; add more wax if you want it thicker.

Keep the lip gloss in a cool, dry place to prevent melting and to maintain quality.

Caution:

- If you have an allergy to any of the natural ingredients used, be careful.
- If you have sensitive skin, it is recommended that you patch-test first.

WHEN CRAFTING YOUR own organic-made lip gloss, you're able to add your own personal touches to colors and ingredients. And it's a completely natural, nourishing alternative to commercial lip glosses. Have fun experimenting with your own special hues of lip gloss.

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Organic Body Butter

Ingredients:

- Shea Butter: 1/2 cup (moisturizing and creamy)
- Cocoa Butter: 1/4 cup (hydrating and aromatic)
- Coconut Oil: 1/4 cup (nourishing and softening)
- Sweet Almond Oil or Jojoba Oil: 1/4 cup (additional moisture and nutrients)
- Essential Oil: A few drops for fragrance (such as lavender, chamomile, or citrus)

Tools:

- Double Boiler or Heatproof Bowl and Pot
- Mixing Bowl
- Hand Mixer or Whisk
- Sterilized Glass Jars or Containers

Method:

Prepare Ingredients: Mix equal amounts of shea butter, cocoa butter, coconut oil, sweet almond oil or jojoba oil, and choose any essential oil.

Melt Ingredients: Create your own double boiler by placing a heat-proof bowl over a pot of simmering water, or use one. Melt the shea butter, cocoa butter and the coconut oil together, stirring occasionally until smooth.

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Cool and Add Oil: Remove from heat, and let cool slightly. Add sweet almond oil or jojoba oil along with the essential oil of your choice. Mix it together.

Refrigerate: Put the mixture into the fridge, so it starts to harden around the edges but remains a bit soft inside (20-30 minutes).

Whip the Mixture: Whip the semi-solid mixture with a hand mixer or with a whisk until it becomes fluffy and resembles whipped cream.

Transfer to Containers: Spoon whipped body butter into sterilized glass jars or containers. Seal tightly.

Usage:

SLIGHTLY APPLY SOME body butter to clean, dry skin and gently massage until completely absorbed.

Apply after bathing or when skin is dry.

Additional Tips:

PLAY AROUND WITH DIFFERENT essential oil combinations to get the scent profile you desire.

Store in a cool, dry place to preserve consistency of body butter.

Body butter goes a long way; begin with a small amount, then adjust as needed.

Caution:

- Always do a patch test first, including if you have sensitive skin or are allergic to any of the ingredients.
- If you use too much body butter at one time, it will feel greasy.

MAKING YOUR OWN ORGANIC body butter provides a luxurious, personalized skin-care experience. Cherish the nourishing qualities of this homegrown natural product!

Organic Baby Shampoo/Body Wash

Ingredients:

- Liquid Castile Soap: 1/2 cup (mild and gentle cleanser)
- Coconut Oil: 1 tablespoon (nourishing and moisturizing)
- Vegetable Glycerin: 1 tablespoon (softens and hydrates)
- Chamomile Tea: 1/2 cup (calming and soothing)
- Lavender Essential Oil: 5-10 drops (optional, for a calming fragrance)

Tools:

- Mixing Bowl
- Whisk or Spoon
- Small Pot or Saucepan
- Strainer
- Sterilized Bottle or Container

Method:

Prepare Ingredients: Brew some chamomile tea and then let it cool down completely.

Mix the Ingredients: Add liquid castile soap, coconut oil, vegetable glycerin, and cooled chamomile tea to the mixing bowl. Mix gently until well combined.

Add Essential Oil (Optional): If you're using lavender essential oil for fragrance, add it to the mixture and stir gently.

Transfer to Container: Pour the dressing carefully into a previously sterilized bottle or container suitable for shampoo/body wash using a small pot or saucepan and a small strainer.

Usage:

DURING BATH TIME, GENTLY cleanse your baby's hair and body with a small amount of organic baby shampoo/body wash.

Rinse thoroughly with warm water.

Additional Tips:

BEFORE PUTTING SHAMPOO/body wash on your baby, test it on your hand first to make sure it is comfortably warm.

To prevent irritation, always hold the shampoo/body wash away from your baby's eyes.

Caution:

- Place a small amount on a small area of your baby's skin to test for any reactions before full use, because your baby may have sensitive skin and be prone to allergies.
- Avoid contact with the eyes. In case of contact, rinse well with water.

TO MAKE YOUR OWN ORGANIC baby shampoo/body wash means taking control of ingredients, with a gentle, natural product which gently cleanses, but won't sting your little one's delicate skin and hair. At bath time, take advantage of the soothing and calming qualities.

Organic Diaper Rash Cream

Ingredients:

- Shea Butter: 2 tablespoons (soothing and moisturizing)
- Coconut Oil: 2 tablespoons (antibacterial and hydrating)
- Zinc Oxide Powder: 2 tablespoons (protective barrier)
- Beeswax or Carnauba Wax: 1 tablespoon (emollient and texture)
- Calendula Oil or Chamomile Oil: 1 tablespoon (calming and anti-inflammatory)
- Lavender Essential Oil: 5-10 drops (optional, for added soothing properties and fragrance)

Tools:

- Double Boiler or Heatproof Bowl and Pot
- Mixing Spoon or Whisk
- Sterilized Jar or Container

Method:

Prepare Ingredients: Add shea butter, coconut oil, zinc oxide powder (optional), beeswax or carnauba wax, calendula oil or chamomile oil, and essential oil of lavender (if using).

Melt Ingredients: Boiling in a double boiler or creating an improvised version by setting a heatproof bowl over a pot of simmering water. Shea butter, coconut oil, beeswax (or carnauba wax), melt together

(adding the beeswax or carnauba wax first), stirring from time to time until fully melted.

Add Zinc Oxide and Oils: Put aside from the heat and add in zinc oxide powder, calendula oil, or chamomile oil, and (if using) lavender essential oil. Combine all ingredients thoroughly.

Cool and Store: Let the mixture cool and solidify slightly, transfer to a sterilized jar or container.

Usage:

CLEAN AND DRY BABY'S skin at every diaper change, and apply a thin layer of the organic diaper rash cream.

Apply again as necessary, especially at bedtime or upon prolonged contact with wet diapers.

Additional Tips:

THE DIAPER RASH CREAM should be stored in a cool, dry place to maintain its consistency.

The best results are obtained by having the area always be clean and dry before applying the cream.

Caution:

- If your baby has sensitive skin or allergies, first perform a small-scale patch test on its skin, so as to avoid any adverse reactions.
- Avoid contact with the eyes. In the event of contact, rinse thoroughly with water.

WHEN YOU MAKE YOUR own organic diaper rash cream, you can provide relief for your baby's sensitive skin with soft and nourishing in-

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gredients. Have the peace of mind that comes with taking care of your little one naturally.

Organic Baby Oil

Ingredients:

- Sweet Almond Oil: 1/2 cup (gentle and moisturizing)
- Jojoba Oil: 1/4 cup (similar to natural skin oils)
- Apricot Kernel Oil: 1/4 cup (nourishing and softening)
- Chamomile Flowers or Lavender Buds: 2 tablespoons (optional, for added soothing properties and fragrance)

Tools:

- Sterilized Glass Bottle or Jar with a Tight-Sealing Lid
- Strainer or Cheesecloth (if using chamomile flowers or lavender buds)
- Funnel

Method:

Prepare Ingredients: Sweet almond oil, jojoba oil, apricot kernel oil, and chamomile flowers or lavender buds (if used) should be measured out.

Combine Oils: Sweet almond oil, jojoba oil, and apricot kernel oil should be poured into a sterilized glass bottle or jar. Shake or swirl the bottle gently to mix well.

Infuse with Herbs (Optional): Add with the oils to the bottle chamomile flowers or lavender buds for their properties and fragrance. Tightly seal the bottle and store in a cool, dark place for 1-2 weeks for the infusion to take place.

Strain (if using herbs): After infusing, strain the oil from the oil using a strainer or cheesecloth to remove the herbs.

Store: Close the bottle tightly and store away from direct sunlight in a cool, dry place.

Usage:

AFTER A BATH OR AS needed, a small amount of the organic baby oil can be used to gently massage your baby's skin. This will soften and soothe your baby's skin.

During application, be sure to avoid the baby's eyes and genital area.

Additional Tips:

THE FRAGRANCE CAN BE customized by using different herbs, or a combination of essential oils like chamomile, lavender, or calendula, for a mild fragrance.

Before use, test a small amount of oil on your baby's skin to avoid an allergic reaction.

Caution:

- If there is any irritation or adverse reaction, stop using immediately.
- Storing the oil out of the reach of children and be sure the bottle is tightly sealed to prevent accidental spills.

NATURALLY GIVE YOUR baby a healthy dose of a home-made organic rich oil, something that moisturizes and relieves. Add this nourishing baby skincare supplement and enjoy!

Organic Baby Lotion

Ingredients:

- Shea Butter: 1/4 cup (nourishing and moisturizing)
- Coconut Oil: 1/4 cup (hydrating and antibacterial)
- Sweet Almond Oil: 1/4 cup (gentle and softening)
- Beeswax or Carnauba Wax: 2 tablespoons (emollient and texture)
- Lavender Essential Oil: 5-10 drops (optional, for a calming fragrance)

Tools:

- Double Boiler or Heatproof Bowl and Pot
- Mixing Spoon or Whisk
- Sterilized Jar or Container

Method:

Prepare Ingredients: Add shea butter, coconut oil, sweet almond oil, beeswax or carnauba wax, and lavender essential oil (if using).

Melt Ingredients: Use a double boiler or make it by placing a heat-safe bowl on a pot of simmering water. Melt shea butter and coconut oil together with beeswax (or carnauba wax), stirring occasionally until completely melted.

Cool and Add Essential Oil: Let the mixture cool slightly. Add lavender essential oil (if using) and mix gently.

Pour into Container: Pour the lotion mixture into a sterilized jar or container with care.

Usage:

A SMALL AMOUNT CAN be applied to skin, and gently massage until absorbed.

After baths or as needed to keep the baby's skin soft and moisturized.

Additional Tips:

FOR A THICKER LOTION, add more beeswax or carnauba wax to the recipe.

Keep the lotion in a cool, dry place to retain its consistency.

Caution:

- Always do a patch test on a small area of baby skin to rule out any adverse reactions before full use, or if the baby's skin is sensitive or easily allergic to new products.
- If any irritation occurs, discontinue use and contact a physician if necessary.

BY MAKING YOUR OWN organic baby lotion, you can give your baby gentle, natural skin care. Have fun cultivating your little one with this home-made tonic lotion.

Organic Reusable Makeup Remover Pads

Ingredients:

- Organic Cotton Fabric: Cut into squares (size of your preference for the pads)
- Organic Bamboo Terry Fabric: Cut into the same size squares as the cotton fabric (for extra softness and absorbency)
- Sewing Thread: Organic cotton or natural fiber thread

Tools:

- Sewing Machine or Needle and Thread
- Scissors
- Pins

Method:

Prepare Fabric: Before cutting, pre-shrink the organic cotton and bamboo terry fabrics by washing and drying.

Cut Fabric Squares: Cut both the cloths into squares of the desired size for the makeup remover pads. They can be made about 3 to 4 inches in size.

Pair Fabrics: Fill half the fabric sandwich with one square of organic cotton fabric and half with one square of bamboo terry fabric.

Sew the Edges: Pin together the edges of the fabric squares. Sew around the edges with a sewing machine or needle and thread, leaving a small opening to turn the pads right side out.

Turn Inside Out: Turn the pads right side out through the opening, then hand stitch or machine stitch the opening closed.

Usage:

MOISTEN THE ORGANIC makeup remover pad with water or your regular makeup remover solution.

Lightly swipe away make-up from your face.

Rinse thoroughly in soap and water after use, and air dry. Washed regularly in a mesh bag to prevent losing them in the linen.

Additional Tips:

OR YOU CAN MAKE A BUNCH at one time so there's always some on hand when you need it.

Keep used pads in a mesh bag or container until you're ready to wash them.

Caution:

- Keep the pads completely dry when storing to prevent growth of mold or mildew.
- Before applying the pads, make sure there are no loose threads and none is fraying, so that no fibers will be shed on the skin.

MAKING YOUR OWN ORGANIC reusable makeup remover pads will not only help reduce waste, but it also offers an eco-friendly way to remove makeup. With their softness and reusability they can be a part of your everyday skincare ritual.

Organic Handcrafted Botanical Soaps

Ingredients:

- Organic Soap Base (such as melt-and-pour soap base): 1 pound
- Organic Botanicals (such as dried lavender buds, rose petals, calendula petals, etc.): as desired for decoration and exfoliation
- Organic Essential Oils (such as lavender, tea tree, peppermint, etc.): for fragrance and therapeutic benefits (around 20-30 drops)
- Natural Colorants (such as spirulina powder, turmeric powder, activated charcoal, etc.): for color (optional)

Tools:

- Double Boiler or Microwave-Safe Bowl
- Soap Molds
- Spray Bottle with Rubbing Alcohol (for removing air bubbles)
- Mixing Spoon or Spatula

Method:

Prepare Soap Base: Reduce the organic soap base into smaller cubes for easier melting.

**HOMEMADE ORGANIC COSMETICS & BEAUTY
RECIPES: EASY TO FOLLOW RECIPES FOR LIPSTICK
MAKEUP REMOVER MASCARA AND MORE ALL AT 113**

Melt Soap Base: Heat and melt the soap base according to package directions in a double boiler or microwave-safe bowl until fully smooth.

Add Botanicals and Essential Oils: After melting, remove the soap base from heat. Add the organic essential oils and any natural colorants. Mix gently and thoroughly.

Pour into Molds: Put your chosen organic herbs into the soap molds. Pour the melted soap base slowly over the botanicals in molds.

Remove Air Bubbles: Spray the surface of soap which has been poured with rubbing alcohol to eliminate air bubbles.

Let It Set: After making, let it cool and harden completely according to the time provided on the soap base packaging.

Remove from Molds: Once cool and hard, gently remove the soaps from the molds. If you hit resistance, put the molds in the freezer for a short while to help remove them.

Usage:

LIKE REGULAR SOAPS, these organic botanical soaps can be used during showers or handwashing.

Store in a dry place or in a well drained soap dish to increase their life span.

Additional Tips:

EXPLORE VARIOUS ORGANIC botanical and essential oil combinations for different scents and properties.

Don't let the soap base get too hot, or else it will burn and lose its fragrance.

Caution:

- Carefully follow the exact directions provided with the soap base.
- A patch test is necessary before using some essential oils in abundance, for certain people can become allergic or suffer irritation.

WITH CUSTOMIZABLE INGREDIENTS that are sourced naturally, using organic botanical soaps personalizes and beautifies the wash. Enjoy the process of making unique, natural soaps.

